

# STUDENT HEALTH SERVICES NEWSLETTER



February 2025

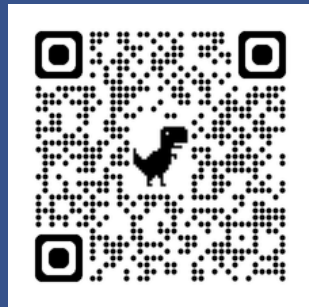
805-922-6966, ext. 3212



## 7 WAYS TO LOWER YOUR RISK OF STI'S

It's that time of year again- we are here to talk about STIs and how to avoid them! STIs are incredibly common among college students and the key to manage this is to get tested routinely and treated promptly. This article has evidence-backed ways to reduce your risk!

Article link:



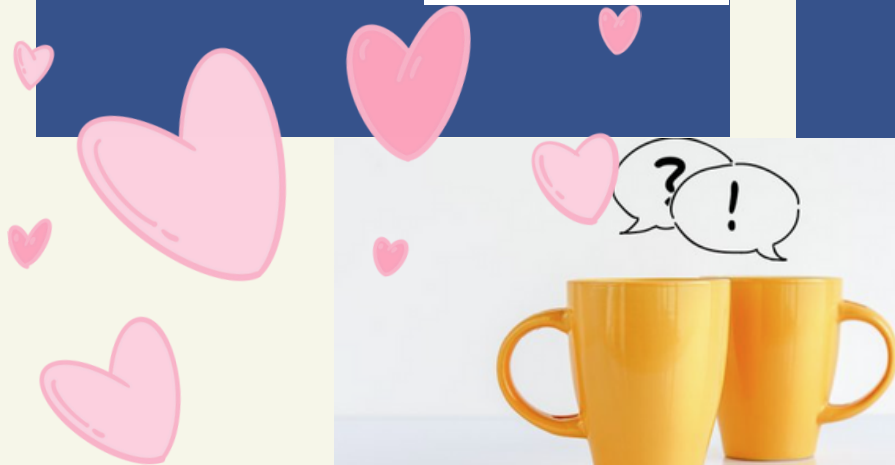
## Albertsons Pharmacy Vaccine Clinic February 12: 9:00 - 12:00

Albertson's pharmacy will be in the Common's Area providing multiple vaccines, such as FLU, COVID, HPV, Tdap, Varicella. Please register at the link below and remember to bring your insurance information.



## HOW HEALTHY IS YOUR RELATIONSHIP? TAKE THE QUIZ

In a relationship, we deserve to feel appreciated and supported, just as our partner deserves the same from us. Take the quiz and learn what a healthy relationship looks like!



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## Did you know?

### STI testing 2/10 - 13

Student health services will be providing limited STI testing during this week! Make an appointment or stop by to be scheduled while supplies last!!



## HOW TO MAKE AN APPOINTMENT

Main Phone Number:  
805-922-6966, Ext. 3212

Request Appointment Online

Main Contact email:  
studenthealth@hancockcollege.edu

You are also welcome to stop by the health center, **building J**, to make your appointment!

More information available on our webpage.



## SPRING SEMESTER HOURS

Monday & Tuesday: 8:30 - 6:00

Wednesday & Thursday: 8:30 - 4:30

Friday: 9:00 - 12:30

\*closed for lunch 12:30 - 1:30

## LVC Schedule:

### Health Center:

Monday & Tuesday: 8:30 - 4:30

### Mental Health:

Thursday & Friday: 9:00 - 3:00

## HEALTHY MINDS STUDY!

Check your email starting February 10th!

**MAKE  
YOUR  
VOICE  
HEARD!**



**AHC is conducting a student  
mental health survey!**

Did you know?

- 68% of Hancock students scored moderate to severe depression in 2022
- 41% have never received counseling

Look for your student email for more information.

