



WELLNESS WEDNESDAY

Commons Area: 9:00 - 12:00

Acupuncture and massage is available for students for free. No appointment needed, just walk in and have a seat!

Great way to practice some self-care and decompress from a stressful week.

January 21 & 28
February 4, 11, & 18
March 4, & 11

April 1, 15, 22 & 29
May 6 & 13