



WELLNESS WEDNESDAY

Commons Area: 9:00 - 12:00

Acupuncture and massage is available for students for free. No appointment needed, just walk in and have a seat!

Great way to practice some self-care and decompress from a stressful week.

January 22, & 29
February 5, 12, & 26
March 5, & 26

April 2, 9, 16, 23, & 30
May 7, & 14