STUDENT HEALTH SERVICES

NEWSLETTER



September 2025

805-922-6966, ext. 3212



HOW TO PICK THE BEST BIRTH CONTROL OPTION FOR YOU

So many choices! What is best for you?

Check out this CampusWell article to learn about the best methods to prevent pregnancy or sexually transmitted infections (STI).





ALLIANCE FOR MENTAL WELLNESS



SEPTEMBER 17th 2025

3:30PM-6:30PM

3:30-4pm 4-5:30pm 5:30-6pm Resource Fair Screening Resource Fair

My Ascension:

A Documentary Film and Movement to Spread Hope and Fight Suicide

A suicide attempt left 16-year-old varsity cheerleader Emma Benoit paralyzed but propelled her on a mission to use her painful experience to help others find hope

WHY THIS FILM IS NEEDED

Suicide is a significant epidemic that is not receiving the attention it deserves. It is the second leading cause of death for young people under 25 and there are approximately 12 million suicide attempts every year approximately 12 million suicide attempts every year.



Boyd Concert Hall
Allan Hancock College,
Santa Maria Campus

featuring FREE screening of My Ascension



PLUS! > Raffle

> Food Trucks > Resource Fair

> Door Prizes > Entertainment

If you or someone you know needs help—call the Suicide and Crisis







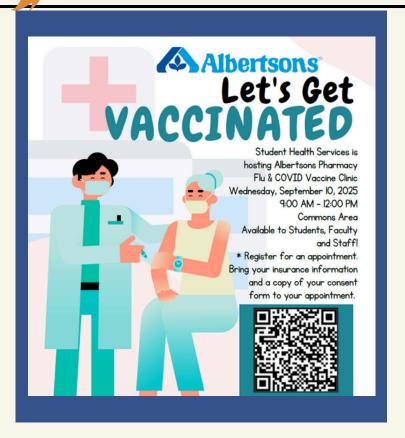




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HOW TO MAKE AN APPOINTMENT

<u>Main Phone Number:</u> 805-922-6966, Ext. 3212

<u>Request Appointment Online</u>

Main Contact email: studenthealth@hancockcollege.edu

You are also welcome to stop by the health center, **building J,** to make your appointment!

More information available on our webpage.

