

STUDENT HEALTH SERVICES

NEWSLETTER

FEBRUARY 2026

805-922-6966, ext. 3212

VALENTINE'S DAY WEEK OF WELLNESS

Celebrate Valentine's Day by taking care of yourself and your health! Sexual health, birth control, vaccines including HPV, heart health and diabetes screening and more!!



Albertsons
Let's Get VACCINATED

Student Health Services is hosting
Albertsons Pharmacy
Vaccine Clinic
Wednesday, Feb 11, 2026
10:00 AM - 12:00 PM
Commons Area
Available to Students, Faculty and Staff!

* Register for an appointment. Bring your insurance information and a copy of your consent form to your appointment.



How Healthy is your Relationship? Take the quiz!!

You deserve to feel appreciated and supported in your relationship!

Take a look at some behaviors and learn what a healthy relationship looks like!

Check out the article at the link:



Valentine's Day
week of wellness

- February 10: Sexual Health
STI Testing & Birth Control
- February 11: Albertsons
Vaccine Clinic 10:00 - 12:00
HPV Vaccine and More
- February 12: Heart Health
Blood Sugar Testing,
Cholesterol & Lipid Panel

Call Student Health Services
805-922-6966, ext. 3212
Building J

Get a Valentine's Day
Goodie Bag for
participating



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february 2026

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Keep Yourself Safe



Student Health Services is here to help.
Building J-107
805-922-6966, ext. 3212

Naloxone is a reversal drug used to reverse an opioid over-dose & is available in Student Health Services

Spike drink test strips are used to test drinks that may have been dosed with an unknown drug. These test strips are available in Student Health Service, as are drink covers.



More info available here

HOW TO MAKE AN APPOINTMENT

Main Phone Number:

805-922-6966, Ext. 3212

Request Appointment Online



Main Contact email:

studenthealth@hancockcollege.edu

You are also welcome to stop by the health center, **building J**, to make your appointment!

More information available on our webpage.

SPRING SEMESTER HOURS

January 20 - May 20, 2026

Monday & Tuesday

8:30 - 6:00

Wednesday & Thursday

8:30 - 4:30

Friday

9:00 - 1:00



 **soluna**

California's **free** mental health app
for ages 13 - 25.



Students receive
**FREE IMMEDIATE ACCESS
TO A THERAPIST**

Choose a therapist based on your preferences
issue, gender, language, ethnicity

At a time that fits your schedule
day, night, weekend availability

Get started using your school email

Experiencing a mental health crisis? Help is available 24/7/365
833.646.1526

If you are experiencing a medical emergency call 911.



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