

# STUDENT HEALTH SERVICES

## NEWSLETTER

# FEBRUARY

2026

805-922-6966, ext. 3212

### VALENTINE'S DAY WEEK OF WELLNESS

Celebrate Valentine's Day by taking care of yourself and your health!

Sexual health, birth control, vaccines including HPV, heart health and diabetes screening and more!!



**Valentine's Day week of wellness**

- February 10: Sexual Health STI Testing & Birth Control
- February 11: Albertsons Vaccine Clinic 10:00 - 12:00 PM HPV Vaccine and More
- February 12: Heart Health Blood Sugar Testing, Cholesterol & Lipid Panel

Call Student Health Services 805-922-6966, ext. 3212 Building J

Get a Valentine's Day Goodie Bag for participating

ALLAN HANCOCK COLLEGE  
STUDENT HEALTH SERVICES

**Albertsons**  
**Let's Get  
VACCINATED**

Student Health Services is hosting Albertsons Pharmacy Vaccine Clinic Wednesday, Feb 11, 2026 10:00 AM - 12:00 PM Commons Area Available to Students, Faculty and Staff!

\* Register for an appointment. Bring your insurance information and a copy of your consent form to your appointment.

### How Healthy is your Relationship? Take the quiz!!

You deserve to feel appreciated and supported in your relationship!

Take a look at some behaviors and learn what a healthy relationship looks like!

Check out the article at the link:



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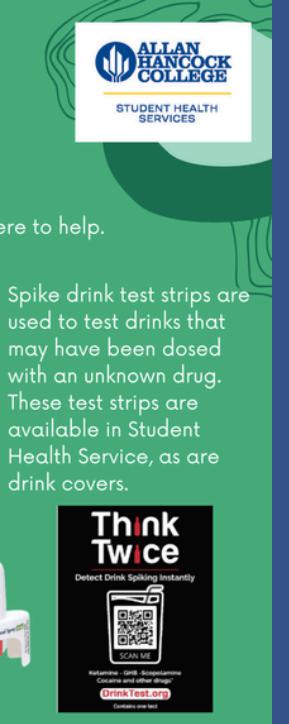
### Keep Yourself Safe

Student Health Services is here to help.  
Building J-107  
805-922-6966, ext. 3212

Naloxone is a reversal drug used to reverse an opioid over-dose & is available in Student Health Services



More info available here



### SPRING SEMESTER HOURS

January 20 - May 20, 2026

Monday & Tuesday

8:30 - 6:00

Wednesday & Thursday

8:30 - 4:30

Friday

9:00 - 1:00

**soluna**

California's **free mental health app**  
for ages 13 - 25.

### HOW TO MAKE AN APPOINTMENT

Main Phone Number:

805-922-6966, Ext. 3212



Request Appointment Online



Main Contact email:

[studenthealth@hancockcollege.edu](mailto:studenthealth@hancockcollege.edu)

You are also welcome to stop by the health center, **building J**, to make your appointment!

More information available on our webpage.



Students receive  
**FREE IMMEDIATE ACCESS  
TO A THERAPIST**

Choose a therapist based on your preferences  
issue, gender, language, ethnicity

At a time that fits your schedule  
day, night, weekend availability

Get started using your school email

Experiencing a mental health crisis? Help is available 24/7/365  
**833.646.1526**

If you are experiencing a medical emergency call 911.



**Uwill**