

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

A major of 28 units is required for the associate in science degree.

Required core courses (22 units):

| COURSE | TITLE | UNITS |
|-----------------------------------|---|---------------|
| <input type="checkbox"/> FCS 131 | Life Management | 3 |
| <input type="checkbox"/> HUSV 101 | Introduction to Human Services: Becoming a Helping Professional | 3 |
| <input type="checkbox"/> HUSV 102 | Case Management Skills | 3 |
| <input type="checkbox"/> HUSV 103 | Basic Counseling Skills | 3 |
| <input type="checkbox"/> HUSV 120 | Human Services (General) Practicum | 2 |
| or | | |
| <input type="checkbox"/> HUSV 170 | Concurrent Human Services Practicum | 2 - 4.0 units |
| <input type="checkbox"/> HUSV 121 | Human Services (General) Practicum Seminar | 2 |
| <input type="checkbox"/> HUSV 106 | Family Systems, Addiction & Trauma | 3 |
| <input type="checkbox"/> HUSV 108 | Crisis Intervention Skills | 3 |

Plus a minimum of 6 units selected from the following:

| COURSE | TITLE | UNITS |
|-----------------------------------|-------------------------------------|-------|
| <input type="checkbox"/> HUSV 104 | Group Dynamics | 3 |
| <input type="checkbox"/> HUSV 107 | Serving Culturally Diverse Clients | 3 |
| <input type="checkbox"/> HUSV 110 | Alcohol, Other Drugs, and Addiction | 3 |
| or | | |
| <input type="checkbox"/> SOC 106 | Alcohol, Other Drugs, and Addiction | 3 |
| or | | |
| <input type="checkbox"/> PSY 106 | Alcohol, Other Drugs, and Addiction | 3 |
| <input type="checkbox"/> PSY 112 | Human Sexuality | 3 |
| <input type="checkbox"/> PSY 118 | Human Development - Lifespan | 3 |

Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)

| Course | Title | Units |
|-------------------------------------|---|-------|
| <input type="checkbox"/> HUSV 101 | Introduction to Human Services: Becoming a Helping Professional | 3 |
| <input type="checkbox"/> HUSV 102 | Case Management Skills | 3 |
| <input type="checkbox"/> HUSV 103 | Basic Counseling Skills | 3 |
| <input type="checkbox"/> ENGL 100 | Writing in Career/Tech Fields OR | 4 |
| <input type="checkbox"/> ENGL 101 | Freshman Composition: Exposition | 4 |
| <input type="checkbox"/> AHC GE REQ | Area 7: Living Skills | 3 |

Total Units 16

Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)

| Course | Title | Units |
|---------------------------------------|--|-------|
| <input type="checkbox"/> HUSV 106 | Family Systems, Addiction and Trauma | 3 |
| <input type="checkbox"/> HUSV 108 | Crisis Intervention Skills | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 1B: Oral Comm. and Critical Thinking | 3 |
| <input type="checkbox"/> AHC GE Req | Area 2: Mathematical Concepts and Quantitative Reasoning | 3-5 |
| <input type="checkbox"/> AHC Grad Req | Dance or Physical Activity | .5-3 |

Total Units 12.5-20

Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

FALL SEMESTER (YEAR 2)

| Course | Title | Units |
|-------------------------------------|---|-------|
| <input type="checkbox"/> FCS 131 | Life Management | 3 |
| <input type="checkbox"/> ELECTIVE | MAJOR ELECTIVE | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 4A: Social and Behavioral Sciences | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 4B: United States History and Government | 3 |
| <input type="checkbox"/> AHC GE Req | Area 6: Ethnic Studies | 3 |

Total Units 15

Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

SPRING SEMESTER (YEAR 2)

| Course | Title | Units |
|-------------------------------------|--|-------|
| <input type="checkbox"/> HUSV 120 | Human Services (General) Practicum | 2 |
| <input type="checkbox"/> HUSV 121 | Human Services (General) Practicum Seminar | 2 |
| <input type="checkbox"/> ELECTIVE | MAJOR ELECTIVE | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 5: Natural Science | 3-4 |
| <input type="checkbox"/> AHC GE REQ | Area 3: Arts and Humanities | 3 |
| <input type="checkbox"/> ELECTIVE | 100-LEVEL COURSE | 3 |

Total Units 16 TO 17

Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day