

## Santa Barbara County Perinatal

### Program Providers:

#### Residential Services

- *Good Samaritan Recovery Way Home*

Lompoc

Phone: (805) 736-0357, Fax: (800)969-9350

- *Good Samaritan Transitional Center*

Santa Maria

Phone: (805) 925-0315, Fax: (866)594-7933

#### Outpatient Services

- *Council on Alcoholism & Drug Abuse Project Recovery*

Santa Barbara

Phone: (805) 564-6057, Fax: (805) 963-8849

- *Good Samaritan Project PREMIE*

Santa Maria

Phone: (805) 925-0315, Fax: (866)594-7933

- *Good Samaritan Turning Point*

Lompoc

Phone: (805) 736-0357, Fax: (800)969-9350

#### Opioid Treatment Programs (OTPs)

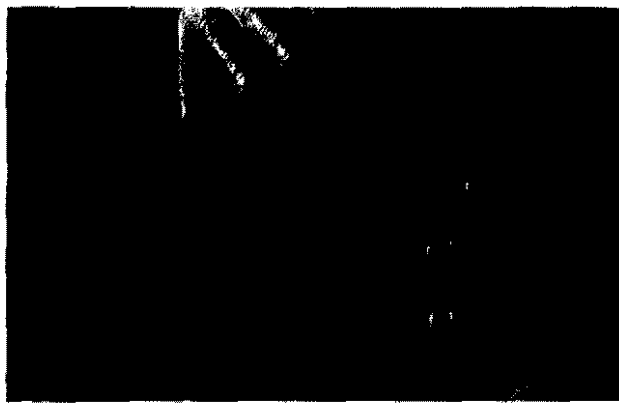
- *Aegis Treatment Centers*

Santa Barbara

Phone: (805) 964-4795, Fax: (805) 683-3027

Santa Maria

Phone: (805) 922-6597; Fax: (805) 922-5978



### How to Contact Us

For **SUD Treatment Services:**

**(888) 868-1649**

Department of Behavioral Wellness  
300 North San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110-1332

[countyofsb.org/behavioral-wellness.org](http://countyofsb.org/behavioral-wellness.org)

Administrative Phone: (805) 681-5220

### Program Outcomes

Research indicates that women involved in treatment programs experience:

- Increased sense of hope,
- Engagement in recovery activities,
- Improved health and well-being, and
- Positive skill development.

(SAMHSA TIP 51)

“Don’t ever make decisions based on fear.  
Make decisions based on hope and  
possibility. Make decisions based on what  
should happen, not what shouldn’t.”

-Michelle Obama



SANTA BARBARA COUNTY  
DEPARTMENT OF

## Behavioral Wellness

A System of Care and Recovery

### Alcohol and Other Drug Services

### Perinatal Programs

- Service Overview
- Program Components
- How We are Funded
- Priority Admission
- Contact Information





## **Background and Overview**

The mission of the department of Behavioral Wellness and its contracted providers is to promote the prevention of and recovery from addiction and mental illness among individuals, families and communities. Wellness and recovery are at the forefront of all treatment goals. Behavioral Wellness focuses on individual and family strengths to maximize functioning and improve the quality of life for individuals we serve.

Perinatal services within our system of care are enhanced to address the unique needs of women. Perinatal services are provided by facilities certified to provide perinatal services in alignment with the Perinatal Service Network Guidelines.

## **Program Goals and Objectives**

Perinatal programs are designed to empower women through gender-specific treatment. Perinatal programs can protect against poor pregnancy outcomes by helping women achieve and maintain sober living, deliver healthy infants, strengthen family units, and lead self-sufficient and healthy lives. The County of Santa Barbara offers the following treatment modalities for pregnant women and their children:

- **Outpatient Treatment**
- **Intensive Outpatient Treatment**
- **Residential Treatment**
- **Medication Assisted Treatment**

### **Priority Admission:**

- **Pregnant injecting drug users;**
- **Pregnant substance users;**
- **Injection drug users; and**
- **All others.**



## **Program Components**

- Childcare
- Parenting groups and classes
- Transportation
- Education regarding child development and health education
- Comprehensive case management services including linkages to prenatal care, social services and community support services
- The use of evidence-based and trauma-informed Substance Use Disorder (SUD) treatment curriculums including *Seeking Safety*
- Interpretation services as needed

### **How we are Funded:**

Most of our programs are funded by the Drug Medi-Cal program, a benefit program of Medi-Cal through the Drug Medi-Cal Organized Delivery System (DMC-ODS). DMC-ODS Services are health care services for people who have at least one SUD that the regular doctor cannot treat.