

PD 100 Revised Course Outline

(Highlighted represents changes)

Week 1:

Assignments:

- Finding your Why
 - Added 2nd video to “Finding your Why” assignment (more diverse representation: African American, Woman, low income, first gen.)
 - Resource: <https://www.youtube.com/watch?v=3zJHwOwirjA>
- Discussion Board: Who am I?

Lectures:

- Welcome and Introductions
 - Included Preferred name(s), Pronouns, “All are welcome” image
- College Pathways and Motivation
 - Added more diverse images to include persons with disabilities, Black/African, Asian/Pacific Islander.
 - Changed Types of Motivation image, added slide on “cultural considerations” Collectivist vs. Individualist, added and changed a few key words in “which are you?” activity to include more consideration for collectivist motivation.
 - Resource: Cultural influences on motivational issues in students and their goals for studying at university article

Week 2:

Assignments:

- Words of Wisdom
- Discussion Board: Mindset

Lectures:

- College Success – Starting out Right!
 - Changed images to reflect Native American, Muslim, and Female African American students.
 - Added reminder to see me if students are having any difficulty accessing required technology (addresses low income, individuals with disabilities), Added more diversity to famous individuals – what did they major in slides (African American, Latinx, LGBTQ).
- Mindset and Resiliency

Week 3:

Assignments:

- Core Values Reflection
 - Added the following question: How can our other social identities/cultural ideals (e.g. gender, religion, abilities, race, ethnicity, sexual orientation, etc.) be reflected in our values and decision-making process?
- Multiple Intelligence and Learning Styles Questionnaire

Lecture:

- Goal Setting and Decision Making
- Values and Locus of Control
 - Values activity worksheet

Week 4:

Assignments:

- Study Skills: Your Learning Style and Multiple Intelligence
 - Changed article in assignment. Original was written by White male and didn't address possible personal barriers. New article written by more diverse author and is more inclusive of personal factors.
 - Resource: <https://research.com/education/study-motivation-tips>

Lectures:

- Becoming a Better Learner!
 - Added information about LAP to slide
 - Added more diverse images to slides to include persons with disabilities, Black/African,
- Student services tour

Week 5:

Assignments:

- SDS assessment, Follow up questions and career exploration
- Diversity – My Groups assignment

Lectures:

- Holland's SDS assessment (Note: If possible, should do CAI and Holland's close together as they share the same scales)
- Social Identities and Privilege
 - Resources: <https://everydayfeminism.com/2014/09/what-is-privilege/>

Spectrum Activity Document, Privilege 101 doc.

Week 6:

Assignment:

- Career Cruising
- Added Discussion Board: Gender Roles Reflection

Lectures: Restructured lectures to allow for expansion of topics below and moved social media to later in the semester.

- Gender- typing in society
 - Added (Un)Common grounds activity which explores sex-typing in society.
- Non-Traditional Occupations
 - Created entirely new PP with more diverse images, discussion about non-binary gender in relations to “traditional” careers, pay gaps based on gender. Activity to help identify gender stereotypes and how that can contribute to occupation choice.

Week 7:

Assignments:

- MBTI assessment
- Top 5 careers for Informational Interview teams
- Elevator Speech

Lectures:

- Networking and Internships
- Informational Interviews

Week 8:

Assignment:

- Gathering the Facts Midterm

Lectures:

- Effective Communication, Review of Midterm
 - Added section on cultural considerations for communication styles
- Elevator Speech Presentations

Week 9:

Assignments:

- CAI (Career Assessment Inventory)
- MBTI Discussion Board
 - Created new assignment to explore the current validity of this assessment and cultural implications.
 - By now you should have completed the Myers-Briggs Type Indicator (MBTI) assessment and received your results. This assessment, originally created in 1943, has drawn controversy for decades regarding its validity and effectiveness. As with most things, there are multiple perspectives to consider. For this discussion board, please read the following article, consider your own personal results to the assessment and how you feel about them, then respond with your thoughts. You may choose to consider the following questions or simply discuss your own insight however you feel is relevant. **Remember to please post an initial post, then two responses to classmates (all of which must be a minimum of 100 words).**
 - <https://www.theguardian.com/lifeandstyle/2021/aug/30/myers-briggs-test-history-personality-types>
 - 1. After completing this assessment, how do you feel?
 - 2. Do you feel that having this knowledge about your preferences could be beneficial in your personal and professional life? If so, how? If not, why not?
 - 3. Do you think this assessment is still valid/helpful in understanding aspects of our personality/preferences? Why or why not?
 - 4. Should employers be allowed to use this (or other similar personality assessments) during the hiring process? Why or why not?
 - 5. Consider our discussions surrounding social identities, cultural diversity, and privilege. Do you feel that this assessment is effective in identifying personality preferences in a culturally sensitive way?

Lectures:

- MBTI and Personality assessments and Elevator Speech Presentations
- CAI and group time for informational interviews

Week 10:

Assignments:

- COPS assessment
- CAI reflection
- Contact person and questions for informational interview due

Lectures and in-class time:

- The Application Process and Resumes
- Search Committee Activity
- Lab time – Career Center (Resumes)

Week 11:

Assignment: Informational Interview Paper/Presentations due

Lectures and in-class time:

- Transferrable skills and Cover Letters
- Lab time – Career Center (Cover Letters)

Week 12:

Assignments: Resume and Cover letter rough drafts

In-class time:

- Informational interview presentations
- Informational interview presentations

Week 13:

Assignments:

- Career and life goals reflection
- Start work on final project

In-class time:

- Informational Interview presentations
- Review of final project and presentation

Week 14:

Assignments:

- SEPs Due
- Cover letter and Resume final drafts

Lectures and in- class time:

- Interviewing Techniques
- Social Media – Friend or Foe

Week 15:

Assignments:

- 11/23
 - Final Presentations – 25 extra credit points for volunteers
- 11/25 – NO SCHOOL

Week 16:

- 11/30
 - Final Presentations
- 12/2
 - Final Presentations

Week 17: Finals week!