

Courses can only be used in one area and must be completed with a grade of C or better.

AREA 1: English Communication
(9 semester units)

Area 1A: English Composition (3 semester units)

ENGL C1000- Academic Reading and Writing

Area 1B: Critical Thinking and Composition (3 semester units)

ENGL C1001- Critical Thinking and Writing PHIL 114- Critical Thinking

Area 1C: Oral Communication (3 semester units)

COMM C1000- Introduction to Public Speaking COMM 100- Survey of Communication Studies

AREA 2: Mathematical Concepts and Quantitative Reasoning
(3 semester units)

MATH C2210- Calculus 1	MATH 135- Calculus with Applications	MATH 184- Linear Algebra/Differential Equations
MATH C2220- Calculus 2	MATH 141- Precalculus	STAT C1000- Introduction to Statistics
MATH 131- College Algebra	MATH 183- Multivariable Calculus	

AREA 3: Arts and Humanities
(6 semester units)

Area 3A: Arts (3 semester units)

ART 101- Art Appreciation	DRMA 103- Introduction to Theatre	MUS 100- Music Appreciation
ART 105- Art History of Mexico	DRMA 110- History of World Theatre 1	MUS 101- Music History Ancient-Baroque
ART 106- Art of the 20 th Century	DRMA 111- History of World Theatre 2	MUS 102- Music History Classical-Modern
ARTH C1100*- Prehistory to Medieval	FILM 101- Film as Art and Communication	MUS 104- Roots of Pop, Rock, Jazz
ARTH C1200*- Renaissance to Contemp	FILM 102- Hollywood and the American Film	MUS 106- World Music Appreciation
DANC 101- Dance Appreciation	FILM 107- History of World Cinema	PHOTO 101- History of Photography

Area 3B: Humanities (3 semester units)

ASL 121- American Sign Language 2	ENGL 140- Graphic Novel as Literature	FRCH 102- Elementary French II
ASL/HIST 138- Deaf History	ENGL 144- The Ancient and Classical World	HIST/HUM 101- World Civilization to 1600
ENGL C1002- Introduction to Literature	ENGL 145- British Literature to 1800	HIST/HUM 102- World Civilization Since 1500
ENGL 117- Detective Fiction	ENGL 146- British Literature 1800 to Present	HIST/HUM 104- Western Civilizations to 1650
ENGL 119- California Literature	ENGL 148- Hispanic Literature in Translation	HIST/HUM 105- Western Civilization Since 1650
ENGL 130- American Literature to 1865	ENGL/ES 150- Intro to Asian Pacific Am Lit	PHIL 101- Survey of Philosophy
ENGL 131- American Literature 1865 to Present	ENGL/ES 151- Intro to African American Lit	PHIL 102- Existence and Reality
ENGL 132- Literature and Film	ENGL/ES 152- Intro to Latina/o Studies Lit	PHIL 105- Ethics
ENGL 133- Modern Fiction	ENGL/ES 153- Intro to Native American & Indig Lit	PHIL 121- Religions of the Modern World
ENGL/ES 135- Intro to Poetry: Ethnic Studies, Social Movement and Activism	ES/FILM 122- Race & Rep in American Cinema	PHIL 122- Exploring Religious Issues
ENGL 138- Introduction to Shakespeare	FILM 103- Contemporary Latin American Film	SPAN 102- Elementary Spanish II
ENGL/ES 139- Ideas of Diff: Ethnic Studies Lit & Advocacy Composition	FILM 104- Documentary Studies	SPAN 103- Intermediate Spanish I
	FILM 109- Contemporary Asian Cinema	SPAN 104- Intermediate Spanish II
	FILM 119- Great Directors of the Cinema	SPAN 112- Advanced Spanish Conversation

AREA 4: Social and Behavioral Sciences
(6 semester units in at least two academic disciplines)

AJ 101- Introduction to Criminal Justice	CDEV C1000- Child Growth and Development	ES/HIST 120- Chicano History
AJ 115- Introduction to Criminology	COMM 110- Intercultural Communications	ES/HIST 121- African American History
ANTH 102- Introduction to Cultural Anthropology	ECON C2001*- Principles of Micro-Economics	GBST 101- Introduction to Global Studies
ANTH 103- Introduction to Archaeology	ECON C2002*- Principles of Macro-Economics	GEOG 102- Human Geography
ANTH/ES 107- Indigenous People of California	ECS 101- Child, Family and Community	GEOG 103- World Regional Geography
BUS/ECON/GBST 141- Global Economics	ES 101- Intro to Racial and Ethnic Groups	HIST C1001*- US History to 1877

HIST C1002*- US History from 1877 to Present
HIST/HUM 101- World Civilization to 1600
HIST/HUM 102- World Civilization Since 1500
HIST/HUM 103- East Asian Civilization
HIST 118- United States History
HIST 119- History of California
LGBT 101- Introduction to LGBTQ Studies
LGBT 102- LGBTQ Communities, Family and Education in the 21st Century
POLS C1000- American Government and Politics

POLS 101- Introduction to Political Science
POLS 104- Introduction to International Relations
POLS 105- Comparative Politics
POLS 110- Political Theory
PSY 105- Research Methods in Psychology
PSY 112- Human Sexuality
PSY 113- Theories of Personality
PSY 117- Child Psychology
PSY 118- Human Development-Lifespan
PSY 119- Abnormal Psychology

PSY 121- Social Psychology
PSYC C1000- Introduction to Psychology
SOC 102- Social Problems
SOC 104- Social Science Research Methods
SOC 110- Intro to Marriage and Family
SOC 120- Intro to Racial and Ethnic Groups
SOC 155- Media and Society
SOC 160- Cities and Urban Life
SOC C1000- Introduction to Sociology

AREA 5: Physical and Biological Sciences (7 semester units)

Area 5A: Physical Science (3 semester units)

ASTR C1001- Introduction to Astronomy
CHEM 120- Introductory Chemistry
CHEM 140*- Intro Organic and Biochemistry
CHEM 150- General Chemistry 1
CHEM 151- General Chemistry 2
CHEM 180- Organic Chemistry 1
CHEM 181- Organic Chemistry 2
GEOG 101- Physical Geography
GEOG 110- Introduction to Weather and Climate

GEOL 100- Physical Geology
GEOL 111- Historical Geology
GEOL 114- Oceanography
GEOL 131- Geology of California
GEOL 141- Environmental Geology
PHSC 111- Matter, Energy and Molecules
PHSC 112- Earth and the Universe
PHYS 100- Concepts of Physics
PHYS 110- Introductory Physics

PHYS 141- General Physics 1
PHYS 142- General Physics 2
PHYS 161- Engineering Physics 1
PHYS 162- Engineering Physics 2
PHYS 163- Engineering Physics 3

Area 5B: Biological Science (3 semester units)

AG 152- Introduction to Animal Science
AG 161- Introduction to Plant Science
ANTH C1001- Intro to Biological Anthropology
BIOL 100- Introduction to Biology

BIOL 120- Human and the Environment
BIOL 124- Human Anatomy
BIOL 125- Human Physiology
BIOL 128- Microbiology

BIOL 132- Marine Biology
BIOL 150- Cellular Biology
BIOL 154- General Botany
BIOL 155- General Zoology

Area 5C: Laboratory (1 semester unit or one course underlined above)

ANTH C1001L- Biological Anthropology Lab
ASTR 121- Elementary Astronomy Lab
GEOG 101L- Physical Geography Lab
GEOL 115- Oceanography Lab

AREA 6: Ethnic Studies (3 semester units)

ES 101- Intro to Racial and Ethnic Groups
ES/HIST 120- Chicano History
ES/HIST 121- African American History
SOC 120- Intro to Racial and Ethnic Groups

Not Required for Cal-GETC CSU and UC Graduation Requirements

US HISTORY AND AMERICAN INSTITUTIONS REQUIREMENT

All CSU and UC campuses require completion of the US History and American Institutions requirement. CSU campuses require completion of a course in US-1 and US-2 (see course options below). UC campuses, except for UCSB, accept completion of a C- or better grade in high school of a one-year course in US History or a half-year course in US History and a half-year course in American Government. UCLA requires the completion of a B or better grade in the high school courses. UCSB requires students to complete a 3-unit college course. Consult a counselor for a list of approved courses. Courses may be used in Area 4.

US-1: US History (3 semester units)

ES/HIST 121; HIST C1001*, C1002*, 118

US-2: Political Science (3 semester units)

POLS C1000, 101

LANGUAGE OTHER THAN ENGLISH REQUIREMENT

Some CSU and UC campuses require students to demonstrate competence in at least one language other than English. Consult a counselor to determine if your specific campus and major requires completion of a Language Other Than English.

NOTES:

*Approved course starting Fall 2026. Reference www.assist.org